Budding Chefs

Taco

This is a Mexican meal & is easy to make. The fillings can be anything you like. This one uses mince meat, cheese, tomato, carrot & lettuce. add in spice mixture.

Equipment:
Oven
Grater
Knife
Oven Tray
Chopping board

Ingredients:
500grams of mince meat
Packet of Taco shells
Packet of Taco spice mix
Fillings
Meat mixture, see below how to cook this
Lettuce, Shredded
Tomatoes, sliced
Grated cheese
Grated carrot

Method:
Heat oil in frypan & cook mince meat,
When meat is brown add in spice mix & 3/4 cup of water
Cook for 2 more minutes, turn off & leave aside
Preheat the oven to 180°C.
Place taco shells on oven tray and cook for 5 minutes.
Now it is time to fill up the shells
You can add the meat, lettuce, tomato, carrot & cheese